

**O'Dowds Restaurant Value Menu**  
**€19.50 for Two Courses plus Tea/Coffee**  
**Available 12 to 7pm every day**

**Menu**

*Home-made Soup*

*(Seasonal Soup, made with Fresh Market Vegetables of the Day)*

*O' Dowds Seafood Chowder*

*(Using the best of our locally supplied Seafood: Crab, Salmon, Prawns, Mussels and White Fish)*

*Chicken Liver Pâté*

*(Our own Smooth Pâté recipe, made fresh daily, served with salad & Toast)*

*Spicy Chicken Wings*

*(Lightly Cajun Spiced Chicken Wings topped with a Smoky Barbecue Sauce)*

*Oak Smoked Salmon Salad*

*(Locally Smoked Connemara Salmon Served with Lemon & Salad)*

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*Pan-Fried Fillets of our Catch of the Day*

*(Our fresh fish of the day, lightly floured and shallow fried, served with tartar sauce & Lemon Wedge)*

*Fillet of Fresh Connemara Salmon*

*Choose from poached or grilled & served with Lemon Butter or our own Garden Fennel Sauce)*

*Slow Roasted Lamb Shank*

*(Slow Roasted Irish Lamb Shank with Rosemary, Served with Mashed Potato & Gravy)*

*Chicken Breast, Stuffed with Garlic & Cashel Blue Cheese*

*(Roast Stuffed Irish Chicken Breast with Cashel Blue Cheese & Garlic)*

*Baked Aubergine & Sweet Potato with a Goat's Cheese Topping*

*(Sliced Aubergine, Courgette and Sweet Potato, Topped with Irish Goats Cheese)*

**Choose from a Selection of Our Desserts**

**Tea/Coffee/Cappuccino/Espresso**